

Day	Meal	Platform	title
Wednesday	Breakfast	Chef's	Strawberry french toast
Wednesday	Breakfast	Chef's	Country fried steak with gravy
Wednesday	Breakfast	Chef's	Veggie sausage hash
Wednesday	Breakfast	Chef's Pop Up	Scrambled eggs, egg whites
Wednesday	Breakfast	Chef's Pop Up	Plant-based scrambled egg
Wednesday	Breakfast	Chef's Pop Up	Chicken tocino
Wednesday	Breakfast	Chef's Pop Up	Veggie sausage patty
Wednesday	Breakfast	ETC.	Sour cream coffee cake
Wednesday	Breakfast	ETC.	White chocolate chunk scone
Wednesday	Breakfast	ETC.	Variety of fresh doughnuts
Wednesday	Breakfast	ETC.	Rotating daily banana smoothie
Wednesday	Breakfast	ETC.	Chef's choice pastry (made without gluten)
Wednesday	Breakfast	ETC.	Hot oatmeal with choice of brown sugar, coconut, toasted almonds, and raisins
Wednesday	Breakfast	ETC.	Assortment of diced seasonal fruit
Wednesday	Breakfast	ETC.	Waffle Special: Cafe Mocha Waffles
Wednesday	Breakfast	ETC.	Waffle bar with house-made batter, fruit compote, syrup, honey, powdered sugar, whipped cream, chocolate chips, and butter
Wednesday	Breakfast	ETC.	Toast bar with sliced bread and bagels, spreads, schmears, and nut butters
Wednesday	Breakfast	ETC.	Cold cereal and milk (dairy-free options available)
Wednesday	Breakfast	Flame	Fried chicken and waffles with maple syrup
Wednesday	Breakfast	Flame	Loaded southern eggs in a basket
Wednesday	Breakfast	Flame	Hashbrown patty

Wednesday	Breakfast	Sizzle ft. Congee	Ginger brown rice soup
Wednesday	Breakfast	Sizzle ft. Congee	Bacon
Wednesday	Breakfast	Sizzle ft. Congee	Spicy chicken sausage
Wednesday	Breakfast	Sizzle ft. Congee	Mushrooms
Wednesday	Breakfast	Sizzle ft. Congee	Tofu
Wednesday	Breakfast	Sizzle ft. Congee	Peanuts
Wednesday	Breakfast	Sizzle ft. Congee	Fried shallots and scallions
Wednesday	Breakfast	Sizzle ft. Congee	Chili garlic
Wednesday	Breakfast	Sizzle ft. Congee	Sriracha and soy sauce
Wednesday	Breakfast	Garden	Açaí bar with yogurt, fresh fruit, nuts, honey, cottage cheese, and granola
Wednesday	Breakfast	Garden	Assortment of whole fruit
Wednesday	Lunch	Chef's	Chicken cacciatore
Wednesday	Lunch	Chef's	Falafel fritters in marinara sauce
Wednesday	Lunch	Chef's	Herb-roasted cauliflower
Wednesday	Lunch	Chef's	Farro pilaf
Wednesday	Lunch	Chef's Pop Up ft. Real Deal BBQ	Spicy serrano BBQ chicken
Wednesday	Lunch	Chef's Pop Up ft. Real Deal BBQ	Beyond Italian hot links
Wednesday	Lunch	Chef's Pop Up ft. Real Deal BBQ	Boston baked white beans
Wednesday	Lunch	Chef's Pop Up ft. Real Deal BBQ	Mac and cheese

Wednesday	Lunch	Chef's Pop Up ft. Real Deal BBQ	Cole slaw
Wednesday	Lunch	Chef's Pop Up ft. Real Deal BBQ	Buttermilk corn bread
Wednesday	Lunch	ETC.	Brownie bites
Wednesday	Lunch	ETC.	Lemon leche cake
Wednesday	Lunch	ETC.	Chocolate lasagna
Wednesday	Lunch	ETC.	Gluten free almond bundt cake
Wednesday	Lunch	ETC.	Chef's choice of seasonal crisps, cobblers, cake, or puddings
Wednesday	Lunch	ETC.	Chicken tortilla soup
Wednesday	Lunch	ETC.	Curry butternut squash soup
Wednesday	Lunch	ETC.	Assortment of diced seasonal fruit
Wednesday	Lunch	ETC.	Waffle Special: Cafe Mocha Waffles
Wednesday	Lunch	ETC.	Waffle bar with house-made batter, fruit compote, syrup, honey, powdered sugar, whipped cream, chocolate chips, and butter
Wednesday	Lunch	ETC.	Toast bar with sliced bread and bagels, spreads, schmears, and nut butters
Wednesday	Lunch	ETC.	Cold cereal and milk (dairy-free options available)
Wednesday	Lunch	Flame	Philly cheese steak
Wednesday	Lunch	Flame	Black angus burger
Wednesday	Lunch	Flame	Black angus burger without bun
Wednesday	Lunch	Flame	Black angus cheeseburger
Wednesday	Lunch	Flame	Black angus cheeseburger without bun
Wednesday	Lunch	Flame	Beyond burger
Wednesday	Lunch	Flame	Beyond burger without bun

Wednesday	Lunch	Flame	Beyond cheeseburger
Wednesday	Lunch	Flame	Beyond cheeseburger without bun
Wednesday	Lunch	Flame	Fire-braised chicken sandwich
Wednesday	Lunch	Flame	Fire-braised chicken sandwich without bun
Wednesday	Lunch	Flame	Buffalo vegan fried chicken sandwich with coleslaw
Wednesday	Lunch	Flame	French fries
Wednesday	Lunch	Garden	Assortment of whole fruit
Wednesday	Lunch	Garden	Build your own sandwich with assortment of bread, protein, vegetables, cheese, and spreads
Wednesday	Lunch	Garden	Build your own salad with assortment of greens, crudites, protein, toppings, and dressing options
Wednesday	Lunch	Garden	Beet, orange, and walnut with arugula
Wednesday	Lunch	Garden	Garbanzo and tomato salad
Wednesday	Lunch	Garden	Kale and apple salad
Wednesday	Lunch	Sizzle: Build Your Own Taco and Burrito Bar	Corn tortilla, corn tostada
Wednesday	Lunch	Sizzle: Build Your Own Taco and Burrito Bar	Flour tortilla
Wednesday	Lunch	Sizzle: Build Your Own Taco and Burrito Bar	12" flour tortilla
Wednesday	Lunch	Sizzle: Build Your Own Taco and Burrito Bar	Chicken
Wednesday	Lunch	Sizzle: Build Your Own Taco and Burrito Bar	Spanish rice
Wednesday	Lunch	Sizzle: Build Your Own Taco and Burrito Bar	Steamed brown rice

Wednesday	Lunch	Sizzle: Build Your Own Taco and Burrito Bar	Pork chorizo
Wednesday	Lunch	Sizzle: Build Your Own Taco and Burrito Bar	Vegan chicken
Wednesday	Lunch	Sizzle: Build Your Own Taco and Burrito Bar	Refried beans
Wednesday	Lunch	Sizzle: Build Your Own Taco and Burrito Bar	Nacho cheese sauce
Wednesday	Lunch	Sizzle: Build Your Own Taco and Burrito Bar	Salsa verde and roasted salsa
Wednesday	Lunch	Sizzle: Build Your Own Taco and Burrito Bar	Sour cream
Wednesday	Lunch	Sizzle: Build Your Own Taco and Burrito Bar	Jack cheese
Wednesday	Lunch	Sizzle: Build Your Own Taco and Burrito Bar	Jalapeño slaw, jalapeño, red onion, radish, lemon slices, cilantro
Wednesday	Lunch	Slice	Cheese pizza (gluten-free and vegan options available)
Wednesday	Lunch	Slice	Pepperoni pizza (gluten-free and vegan options available)
Wednesday	Lunch	Slice	Meat lovers pizza square
Wednesday	Lunch	Slice	Mushroom, olives, and pesto pizzadilla
Wednesday	Lunch	Slice	Garlic bread sticks with marinara sauce
Wednesday	Dinner	Chef's	Mandarin orange chicken
Wednesday	Dinner	Chef's	Yellow curry tofu
Wednesday	Dinner	Chef's	Ginger vegetable stir-fry
Wednesday	Dinner	Chef's	Green onion garlic noodles

Wednesday	Dinner	Chef's Pop Up ft. Pasta Bar	Chef's choice pasta of the day
Wednesday	Dinner	Chef's Pop Up ft. Pasta Bar	Marinara sauce
Wednesday	Dinner	Chef's Pop Up ft. Pasta Bar	Alfredo sauce
Wednesday	Dinner	Chef's Pop Up ft. Pasta Bar	Bread roll
Wednesday	Dinner	Chef's Pop Up ft. Pasta Bar	Parmesan cheese
Wednesday	Dinner	Chef's Pop Up ft. Pasta Bar	Chef's choice protein of the day
Wednesday	Dinner	ETC.	Brownie bites
Wednesday	Dinner	ETC.	Lemon leche cake
Wednesday	Dinner	ETC.	Chocolate lasagna
Wednesday	Dinner	ETC.	Gluten free almond bundt cake
Wednesday	Dinner	ETC.	Chef's choice of seasonal crisps, cobblers, cake, or puddings
Wednesday	Dinner	ETC.	Chicken tortilla soup
Wednesday	Dinner	ETC.	Curry butternut squash soup
Wednesday	Dinner	ETC.	Assortment of diced seasonal fruit
Wednesday	Dinner	ETC.	Waffle Special: Cafe Mocha Waffles
Wednesday	Dinner	ETC.	Waffle bar with house-made batter, fruit compote, syrup, honey, powdered sugar, whipped cream, chocolate chips, and butter
Wednesday	Dinner	ETC.	Toast bar with sliced bread and bagels, spreads, schmears, and nut butters
Wednesday	Dinner	ETC.	Cold cereal and milk (dairy-free options available)

Wednesday	Dinner	Flame	Fried chicken and waffles with maple syrup
Wednesday	Dinner	Flame	Black angus burger
Wednesday	Dinner	Flame	Black angus burger without bun
Wednesday	Dinner	Flame	Black angus cheeseburger
Wednesday	Dinner	Flame	Black angus cheeseburger without bun
Wednesday	Dinner	Flame	Beyond burger
Wednesday	Dinner	Flame	Beyond burger without bun
Wednesday	Dinner	Flame	Beyond cheeseburger
Wednesday	Dinner	Flame	Beyond cheeseburger without bun
Wednesday	Dinner	Flame	Fire-braised chicken sandwich
Wednesday	Dinner	Flame	Fire-braised chicken sandwich without bun
Wednesday	Dinner	Flame	Buffalo vegan fried chicken sandwich with coleslaw
Wednesday	Dinner	Flame	French fries
Wednesday	Dinner	Garden	Assortment of whole fruit
Wednesday	Dinner	Garden	Build your own sandwich with assortment of bread, protein, vegetables, cheese, and spreads
Wednesday	Dinner	Garden	Build your own salad with assortment of greens, crudites, protein, toppings, and dressing options
Wednesday	Dinner	Garden	Beet, orange, and walnut with arugula
Wednesday	Dinner	Garden	Garbanzo and tomato salad
Wednesday	Dinner	Garden	Kale and apple salad
Wednesday	Dinner	Sizzle: Mongolian Grill	Chicken, beef, tofu
Wednesday	Dinner	Sizzle: Mongolian Grill	Rice, noodles
Wednesday	Dinner	Sizzle: Mongolian Grill	Teriyaki sauce

Wednesday	Dinner	Sizzle: Mongolian Grill	Sweet and sour sauce
Wednesday	Dinner	Sizzle: Mongolian Grill	Thai sweet chili
Wednesday	Dinner	Sizzle: Mongolian Grill	Toasted sesame
Wednesday	Dinner	Sizzle: Mongolian Grill	Fish sauce
Wednesday	Dinner	Sizzle: Mongolian Grill	Water chestnuts, edamame, baby corn, carrots, peppers, bean sprouts, onions, mushrooms, zucchini, snow peas, and cilantro
Wednesday	Dinner	Sizzle: Mongolian Grill	Chili pepper flakes, lemon pepper, Mrs. Dash garlic and herb seasoning
Wednesday	Dinner	Sizzle: Mongolian Grill	Toasted black sesame seeds
Wednesday	Dinner	Sizzle: Mongolian Grill	Pineapple shrimp fried rice with egg, cashews, tomato, and curry seasoning
Wednesday	Dinner	Slice	Cheese pizza (gluten-free and vegan options available)
Wednesday	Dinner	Slice	Pepperoni pizza (gluten-free and vegan options available)
Wednesday	Dinner	Slice	Meat lovers pizza square
Wednesday	Dinner	Slice	Mushroom, olives, and pesto pizzadilla
Wednesday	Dinner	Slice	Garlic bread sticks with marinara sauce