

Day	Meal	Platform	title
Thursday	Breakfast	Chef's	Chocolate chip pancakes
Thursday	Breakfast	Chef's	Corn beef hash
Thursday	Breakfast	Chef's	Baked crepes casserole with mushroom
Thursday	Breakfast	Chef's Pop Up	Scrambled eggs, egg whites
Thursday	Breakfast	Chef's Pop Up	Plant-based scrambled egg
Thursday	Breakfast	Chef's Pop Up	Breakfast sausage link
Thursday	Breakfast	Chef's Pop Up	Veggie sausage patty
Thursday	Breakfast	ETC.	Lemon-glazed bread
Thursday	Breakfast	ETC.	Strawberry jam morning buns
Thursday	Breakfast	ETC.	Variety of fresh doughnuts
Thursday	Breakfast	ETC.	Rotating daily banana smoothie
Thursday	Breakfast	ETC.	Gluten free loaded banana bread
Thursday	Breakfast	ETC.	Hot oatmeal with choice of brown sugar, coconut, toasted almonds, and raisins
Thursday	Breakfast	ETC.	Assortment of diced seasonal fruit
Thursday	Breakfast	ETC.	Waffle Special: Cafe Mocha Waffles
Thursday	Breakfast	ETC.	Waffle bar with house-made batter, fruit compote, syrup, honey, powdered sugar, whipped cream, chocolate chips, and butter
Thursday	Breakfast	ETC.	Toast bar with sliced bread and bagels, spreads, schmears, and nut butters
Thursday	Breakfast	ETC.	Cold cereal and milk (dairy-free options available)
Thursday	Breakfast	Flame	Bacon, egg, and american cheese pancake sandwich
Thursday	Breakfast	Flame	Croissant with egg, american cheese, and veggie patty
Thursday	Breakfast	Flame	Sweet potato tater tots

Thursday	Breakfast	Sizzle ft. Congee	Ginger brown rice soup
Thursday	Breakfast	Sizzle ft. Congee	Bacon
Thursday	Breakfast	Sizzle ft. Congee	Spicy chicken sausage
Thursday	Breakfast	Sizzle ft. Congee	Mushrooms
Thursday	Breakfast	Sizzle ft. Congee	Tofu
Thursday	Breakfast	Sizzle ft. Congee	Peanuts
Thursday	Breakfast	Sizzle ft. Congee	Fried shallots and scallions
Thursday	Breakfast	Sizzle ft. Congee	Chili garlic
Thursday	Breakfast	Sizzle ft. Congee	Sriracha and soy sauce
Thursday	Breakfast	Garden	Açaí bar with yogurt, fresh fruit, nuts, honey, cottage cheese, and granola
Thursday	Breakfast	Garden	Assortment of whole fruit
Thursday	Lunch	Chef's	Beef stroganoff
Thursday	Lunch	Chef's	Roasted stuffed peppers with white beans and mushrooms
Thursday	Lunch	Chef's	Sauteed green and yellow squash
Thursday	Lunch	Chef's	Egg noodles
Thursday	Lunch	Chef's Pop Up ft. Real Deal BBQ	Slow-cooked ginger BBQ pork belly
Thursday	Lunch	Chef's Pop Up ft. Real Deal BBQ	Sausage vegetarian bratwurst
Thursday	Lunch	Chef's Pop Up ft. Real Deal BBQ	Boston baked white beans
Thursday	Lunch	Chef's Pop Up ft. Real Deal BBQ	Mac and cheese

Thursday	Lunch	Chef's Pop Up ft. Real Deal BBQ	Cole slaw
Thursday	Lunch	Chef's Pop Up ft. Real Deal BBQ	Buttermilk corn bread
Thursday	Lunch	ETC.	Triple chocolate cookie
Thursday	Lunch	ETC.	Ricotta cannoli
Thursday	Lunch	ETC.	Cheesecake cups
Thursday	Lunch	ETC.	Chocolate chip cookie (made without gluten)
Thursday	Lunch	ETC.	Chef's choice of seasonal crisps, cobblers, cake, or puddings
Thursday	Lunch	ETC.	Italian wedding soup
Thursday	Lunch	ETC.	Vegetarian chili
Thursday	Lunch	ETC.	Assortment of diced seasonal fruit
Thursday	Lunch	ETC.	Waffle Special: Cafe Mocha Waffles
Thursday	Lunch	ETC.	Waffle bar with house-made batter, fruit compote, syrup, honey, powdered sugar, whipped cream, chocolate chips, and butter
Thursday	Lunch	ETC.	Toast bar with sliced bread and bagels, spreads, schmears, and nut butters
Thursday	Lunch	ETC.	Cold cereal and milk (dairy-free options available)
Thursday	Lunch	Flame	Fried chicken katsu sandwich
Thursday	Lunch	Flame	Black angus burger
Thursday	Lunch	Flame	Black angus burger without bun
Thursday	Lunch	Flame	Black angus cheeseburger
Thursday	Lunch	Flame	Black angus cheeseburger without bun
Thursday	Lunch	Flame	Beyond burger
Thursday	Lunch	Flame	Beyond burger without bun

Thursday	Lunch	Flame	Beyond cheeseburger
Thursday	Lunch	Flame	Beyond cheeseburger without bun
Thursday	Lunch	Flame	Fire-braised chicken sandwich
Thursday	Lunch	Flame	Fire-braised chicken sandwich without bun
Thursday	Lunch	Flame	Buffalo vegan fried chicken sandwich with coleslaw
Thursday	Lunch	Flame	French fries
Thursday	Lunch	Garden	Assortment of whole fruit
Thursday	Lunch	Garden	Build your own sandwich with assortment of bread, protein, vegetables, cheese, and spreads
Thursday	Lunch	Garden	Build your own salad with assortment of greens, crudites, protein, toppings, and dressing options
Thursday	Lunch	Garden	Beet, orange, and walnut with arugula
Thursday	Lunch	Garden	Garbanzo and tomato salad
Thursday	Lunch	Garden	Kale and apple salad
Thursday	Lunch	Sizzle: Build Your Own Taco or Burrito Bar	Corn tortilla, corn tostada
Thursday	Lunch	Sizzle: Build Your Own Taco or Burrito Bar	Flour tortilla
Thursday	Lunch	Sizzle: Build Your Own Taco or Burrito Bar	12" flour tortilla
Thursday	Lunch	Sizzle: Build Your Own Taco or Burrito Bar	Chicken
Thursday	Lunch	Sizzle: Build Your Own Taco or Burrito Bar	Spanish rice
Thursday	Lunch	Sizzle: Build Your Own Taco or Burrito Bar	Steamed brown rice

Thursday	Lunch	Sizzle: Build Your Own Taco or Burrito Bar	Pork chorizo
Thursday	Lunch	Sizzle: Build Your Own Taco or Burrito Bar	Vegan chicken
Thursday	Lunch	Sizzle: Build Your Own Taco or Burrito Bar	Refried beans
Thursday	Lunch	Sizzle: Build Your Own Taco or Burrito Bar	Nacho cheese sauce
Thursday	Lunch	Sizzle: Build Your Own Taco or Burrito Bar	Salsa verde and roasted salsa
Thursday	Lunch	Sizzle: Build Your Own Taco or Burrito Bar	Sour cream
Thursday	Lunch	Sizzle: Build Your Own Taco or Burrito Bar	Jack cheese
Thursday	Lunch	Sizzle: Build Your Own Taco or Burrito Bar	Jalapeño slaw, jalapeño, red onion, radish, lemon slices, cilantro
Thursday	Lunch	Slice	Cheese pizza (gluten-free and vegan options available)
Thursday	Lunch	Slice	Pepperoni pizza (gluten-free and vegan options available)
Thursday	Lunch	Slice	Creamy ranch BBQ chicken pizzadilla
Thursday	Lunch	Slice	BBQ mushroom pizza square
Thursday	Lunch	Slice	Garlic bread sticks
Thursday	Dinner	Chef's	Chicken and dumpling casserole
Thursday	Dinner	Chef's	Mushroom strudel
Thursday	Dinner	Chef's	Roasted garlic beets
Thursday	Dinner	Chef's	Buttered parsley orzo pasta

Thursday	Dinner	Chef's Pop Up ft. Pasta Bar	Chef's choice pasta of the day
Thursday	Dinner	Chef's Pop Up ft. Pasta Bar	Marinara sauce
Thursday	Dinner	Chef's Pop Up ft. Pasta Bar	Alfredo sauce
Thursday	Dinner	Chef's Pop Up ft. Pasta Bar	Bread roll
Thursday	Dinner	Chef's Pop Up ft. Pasta Bar	Parmesan cheese
Thursday	Dinner	Chef's Pop Up ft. Pasta Bar	Chef's choice protein of the day
Thursday	Dinner	ETC.	Triple chocolate cookie
Thursday	Dinner	ETC.	Ricotta cannoli
Thursday	Dinner	ETC.	Cheesecake cups
Thursday	Dinner	ETC.	Chocolate chip cookie (made without gluten)
Thursday	Dinner	ETC.	Chef's choice of seasonal crisps, cobblers, cake, or puddings
Thursday	Dinner	ETC.	Italian wedding soup
Thursday	Dinner	ETC.	Vegetarian chili
Thursday	Dinner	ETC.	Assortment of diced seasonal fruit
Thursday	Dinner	ETC.	Waffle Special: Cafe Mocha Waffles
Thursday	Dinner	ETC.	Waffle bar with house-made batter, fruit compote, syrup, honey, powdered sugar, whipped cream, chocolate chips, and butter
Thursday	Dinner	ETC.	Toast bar with sliced bread and bagels, spreads, schmears, and nut butters
Thursday	Dinner	ETC.	Cold cereal and milk (dairy-free options available)

Thursday	Dinner	Flame	Fried chicken katsu sandwich
Thursday	Dinner	Flame	Black angus burger
Thursday	Dinner	Flame	Black angus burger without bun
Thursday	Dinner	Flame	Black angus cheeseburger
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Thursday	Dinner	Flame	Beyond burger
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Thursday	Dinner	Flame	Beyond cheeseburger without bun
Thursday	Dinner	Flame	Fire-braised chicken sandwich
Thursday	Dinner	Flame	Fire-braised chicken sandwich without bun
Thursday	Dinner	Flame	Buffalo vegan fried chicken sandwich with coleslaw
Thursday	Dinner	Flame	French fries
Thursday	Dinner	Garden	Assortment of whole fruit
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Thursday	Dinner	Garden	Build your own salad with assortment of greens, crudites, protein, toppings, and dressing options
Thursday	Dinner	Garden	Beet, orange, and walnut with arugula
Thursday	Dinner	Garden	Garbanzo and tomato salad
Thursday	Dinner	Garden	Kale and apple salad
Thursday	Dinner	Sizzle: Mongolian Grill	Chicken, beef
Thursday	Dinner	Sizzle: Mongolian Grill	Tofu
Thursday	Dinner	Sizzle: Mongolian Grill	Rice, noodles

Thursday	Dinner	Sizzle: Mongolian Grill	Teriyaki sauce
Thursday	Dinner	Sizzle: Mongolian Grill	Sweet and sour sauce
Thursday	Dinner	Sizzle: Mongolian Grill	Thai sweet chili
Thursday	Dinner	Sizzle: Mongolian Grill	Toasted sesame
Thursday	Dinner	Sizzle: Mongolian Grill	Fish sauce
Thursday	Dinner	Sizzle: Mongolian Grill	Water chestnuts, edamame, baby corn, carrots, peppers, bean sprouts, onions, mushrooms, zucchini, snow peas, and cilantro
Thursday	Dinner	Sizzle: Mongolian Grill	Chili pepper flakes, lemon pepper, Mrs. Dash garlic and herb seasoning
Thursday	Dinner	Sizzle: Mongolian Grill	Toasted black sesame seeds
Thursday	Dinner	Sizzle: Mongolian Grill	Pineapple shrimp fried rice with egg, cashews, tomato, and curry seasoning
Thursday	Dinner	Slice	Cheese pizza (gluten-free and vegan options available)
Thursday	Dinner	Slice	Pepperoni pizza (gluten-free and vegan options available)
Thursday	Dinner	Slice	Creamy ranch BBQ chicken pizzadilla
Thursday	Dinner	Slice	BBQ mushroom pizza square
Thursday	Dinner	Slice	Garlic bread sticks